









Prayer Course Lesson 7 – When to Pray

**Activity:** Over the next few days, practice praying at different times of the day. Fill in the activity chart which will be posted on the website. Make any comments as to how you felt praying at different times and what it was like.. Also draw a picture about the time to pray that is your favorite. You can choose at least **two** different times to pray each day.

## PRACTICING PRAYING AT DIFFERENT TIMES

**INSTRUCTIONS:** Put a check mark in the columns that show WHEN you prayed each day. You can also write a word or two (in the last column) to describe how you liked praying at that time and/or how it felt to pray at each different time. Try out the different times if you can.

	Morning	Afternoon	Evening	In a Time of Joy or Blessing	In a Time of Trouble or Sadness	On my Bed	On my Own	With Others	How it Felt (you could say things like: scary, fun, good, not so good, hard (difficult), easy, joyful, great, I loved this, and more!)
Day 1									
Day 2									
Day 3									
Day 4									
Day 5									